

St. Christopher's EYFS Unit Sun Safety

At St. Christopher's EYFS Unit we want all children and staff to enjoy spending their time outside safely without the risk of the harmful effects of the sun.

These guidelines have been produced to protect children and adults from the harmful effects of the sun, and to encourage and educate children to recognise the long-term effects of exposure to the sun.

Please sign and return the proforma attached to these guidelines along with sunscreen bottle with your child's name on it. Please keep this Sun safety guidance for your reference.

Guidelines

Teachers and children will wear hats when outside, when appropriate, particularly during the end of Spring and Summer months.

Teachers will encourage parents to supply children with a sunsafe sunhat (sunsafe sunhats are those which protect the face, neck and ears) and ensure that they are worn outside.

The Unit will have spare hats available.

Children will be encouraged to wear clothing which protects the shoulders whenever they are outside.

Where appropriate the setting will implement a 'No hat, no play' policy and children without a sun hat will not be allowed to play outside.

Parents of children in FS1 and FS2 will be asked to apply an SPF 30+ (or higher factor if more suitable for your child) broad-spectrum water-resistant sunscreen and apply it to children's exposed skin prior to coming to school and will provide a bottle of sunscreen cream to keep in their child's tray that the child will be supported to reapply when necessary. FS2 will have a designated time before lunchtime to reapply for the afternoon. FS1 may not need to reapply for the time that they are in school but will be monitored by staff if they do need to reapply.

All children will receive ongoing teaching and reminders about the need to be sunsafe.

The Health and Safety Officer will ensure that there are shelters and UV sunshades providing shade over areas where children congregate and play wherever possible.

Parents will be asked to continue to provide a *named* sports type water bottles for their children to access throughout the day.

Filtered water to top up bottles is available in the snack area, Sunflowers kitchen area and staffroom room.

Excursions and outdoor activities will be planned to consider shaded areas and the times of day when the risk of sunburn is decreased. Teachers and children will wear clothing appropriate to the conditions.

Thank you